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### 3.4.3.1 Number of extension and outreached Programmes

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# ORGANIC FOOD FOR HEALTHY LIFE REPORT

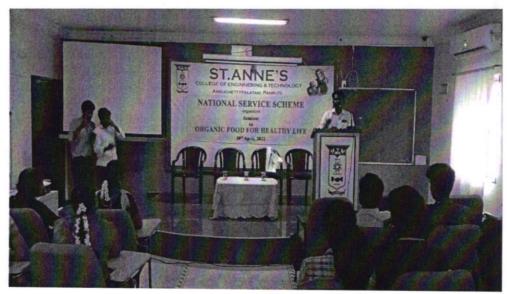
DATE: 30-04-2022

PLACE: Conference Hall, St. Anne's College of Engineering & Technology

National Service Scheme of St. Anne's College of Engineering and Technology, Panruti, organized a seminar on "Organic food for Healthy Life" on 30.04.2022. NSS Program Officer Mr. J. Ramesh, Asst. Prof/EEE, welcomed the gathering. Our resource person Healer Mr. T. Jayachandran, specialist in Acupuncture, Gaussa therapy and Naturopathy, Maamandoor, explained the nutrients present in organic food which can be beneficial in preventing dangerous diseases like heart diseases, blood pressure problems, migraine, diabetes and cancer.

At the end, NSS Program Officer Mr. Durairaj gave vote of thanks. This seminar creates more awareness on healthy life to NSS volunteers.

Number of Volunteers Participated: 100



Organic food for Healthy Life

R. Lebradost



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# FLOOD RELIEF MATERIAL DISTRIBUTION REPORT

DATE: 20.11.2022

PLACE: Anguchettypalayam

On behalf of St.Anne's College of Engineering and Technology, the NSS team has planned to conduct a visit to Anguchettypalayam on 20.11.2022 regarding flood relief programme. The NSS members along with NSS volunteers has visited the place and provided materials such as groceries, cloths and also stationery materials. The village people has got affected due to the recent flood and were in a position to seek help, hence our NSS team has planned to aid them with necessary things and have provided materials to make their living life better.

Number of Volunteers Participated: 100





Flood Relief Material Distribution

Rhehodast

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# CORONA VACCINATION CAMP REPORT

"Get vaccinated so we can all help to bring families together"

DATE:09-09-2021

PLACE: St. Anne's College of Engineering & Technology.

A COVID-19 vaccination camp was organised at NSS cell of St. Anne's College of Engineering and Technology, Panruti, on 9th September 2021 for our college teaching staffs, non-teaching staffs and students. The camp was organised on the instruction of our Secretary Rev. Sr. Dr. Y.Yesu Thangam.

Mr.Bharathi, health inspector, Marungur & Dr. Nithiya and her team administrated the vaccine to over 100 staffs and students during the camp. Awareness was created among the staffs and students on the rapid spread of the viral infection and the safety measures to be taken and also taken pledge against covid -19. NSS volunteers were played an important role in making this camp success.

At the end, the Executive Principal of our college, Dr. R. Arokiadass and Vice-Principal Sr. Punitha Jilt congratulated the NSS officer and their team for the successful organization of the camp.

Number of Volunteers Participated: 100



Mrs Lakshmi VHO Vaccinated Student

R. Lehadas

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St. Anne's College of Engineering & Technology, ANGUCHETTYPALAYAM.



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Dr. Nithiya Speech about COVID-19 vaccination

R. Lehedall



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### NSS DAY CELEBRATION REPORT

(Tree Plantation and Campus Cleaning Programme)

DATE:24-09-2021

PLACE: St. Anne's College of Engineering & Technology

St. Anne's College of Engineering and Technology, Panruti successfully completed the event of "Tree Plantation and Campus Cleaning" under the National Service Scheme(NSS) at college campus on Friday, 24th September, 2021 which is celebrate as "NSS day". Every man needs the oxygen for their life and Trees are the foremost source of oxygen as well trees help to reduce the level of co2.

As we all know that the whole world is facing the problem of global warming and to recover from such problem planting the trees has become one of the most important today's aspects. The event was begun with the welcome speech by our NSS Officer and then we all move towards the place where tree plantation took place. A very first tree plant by our Secretary Rev. Sr. Dr. Y. Yesu Thangam in our college premises and then Principal Dr. R. Arokiadass, Vice-Principal Sr. Punitha Jilt also plants a tree. Total tree planted by all others including staffs, volunteers and other students was more than 100 on the day.

Then all the NSS Volunteers and students were engaged in this cleaning programme. The NSS officer Mr.J.Ramesh divided the NSS Volunteers into several groups. Each group members were allocated with a particular area for cleaning. Three groups were asked to collect all the stones from the ground separately in different sacs. The renewable such as dry leaves, twigs, papers etc. and non-renewable wastes such as carry bags, plastic items etc. were collected separately. The renewable waste was collected and burnt.

At the end the NSS volunteers were happy and experience proud after the tree plantation event was finished, because it really feels great to do positive for the nature.

Number of Volunteers Participated: 100

R. Sphedage Dr. R. AROKIADASS, M.E., Ph.D.,

Principal,

St. Anne's College of Engineering & Technology, ANGUCHETTYPALAYAM.

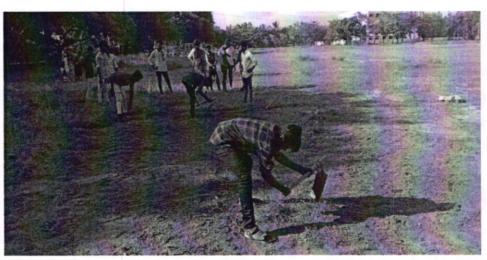


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NSS Day Celebration- Tree Plantation



Students cleaned the Campus ground

R. Lewidor



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### ROLE AND RESPONSIBILITIES OF NSS & ENROLLMENT

#### REPORT

DATE:26-11-2021

PLACE: St. Anne's College of Engineering & Technology

St. Anne's College of Engineering and Technology, Panruti successfully completed the event of "Role and Responsibilities of NSS" under the National Service Scheme(NSS) at college campus on Friday, 26th November, 2021. In the program our NSS program officer S.Durairaj and J Ramesh discussed about NSS role and responsibilities regarding to work among people and To engage in creative and constructive social action, To enhance his/her knowledge of himself / herself and the community and To gain skills in programme development to enable him/her for self-employment. Record the activities in his work diary symmetrically and assess the progress periodically and effect changes as and when needed. Finally all the first year student enrolled as NSS Volunteers by filling enrollment form.

Number of Volunteers Participated: 100



Role and Responsibilities of NSS Volunteers by filling enrollment form

R. Sphadage

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### 7 DAYS NSS SPECIAL CAMP REPORT

on

Youth's Contribution for Clean India

Date: 13.12.2021 to 19.12.2021

Place: Community Hall, Anguchettypalayam village, Panruti Taluk.

The NSS unit of St. Anne's College of Engineering and Technology, Anguchettypalayam, Panruti, in association with Anna University, organised a seven-day camp in the adopted village Anguchettypalayam, Panruti Taluk, Cuddalore District, from 13.12.2021 to 19.12.2021. Theme of the NSS camp is "Youth's Contribution for Clean India". The objective of the camp is to impart the villagers regarding Herbal Medical Awareness, Social welfare and awareness about law and order, fire and rescue activities, importance and duties of NSS, rally to present the use of plastics, awareness regarding HIV/AIDS and snakes, special talk on various job opportunities, Dengue and Corona health awareness, precautionary measures and immediate relief efforts of disaster management, general health and mental awareness and saplings plantation. The place in an around the school and streets of the village was cleaned. The NSS Programme Officer Mr. J. Ramesh, Assistant Professor/EEE and Mr. S. Durairaj, Assistant Professor/ECE encouraged all the NSS volunteers to participate actively in the camp and all the NSS volunteers enthusiastically participated in the camp.

Number of Volunteers Participated: 50

DAY 1

DATE: 13.12.2021

The NSS volunteers reached the Anguchettypalayam Village at 10:00 AM. The NSS team members divided among themselves in different groups and volunteers rallied into the streets of the village to create awareness among the villagers about the ensuing NSS special camp programme in their village for a period of one week. This was followed by an inauguration in the Community Hall at Anguchettypalayam. Dr. R. Arokiadass, Principal, St. Anne's College of Engineering and Technology, presided over the inauguration. Mr. K. Arivazhagan, Organiser of Annai Lakshmi Kids and Primary School, Anguchettypalayam,

Dr. R. AROKIADASS, M.E., Ph.D.,
Principal,

St. Anne's College of Engineering & Technology,

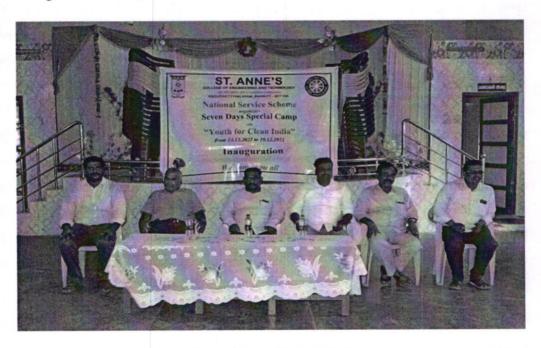
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Mrs. Sarasu, Panchayat President, and Mr. B. Manikandan Panchayat Vice President, Mr. K. Ashokan, Chairman and Mr. G. Rajaram, Secretary of Padmasaliyar social administrative committee were present and NSS Programme Officer Mr. J. Ramesh welcomed everyone. The inaugural speech was delivered by Dr. R. Arokiadass, Principal and Rev. Sr. Punitha Jilt, Vice Principal, St. Anne's College of Engineering and Technology, emphasized the role of NSS in the community service. Village authorities welcomed the team of volunteers to their village and assured their co-operation in making the special camp a success. Mr. S. Durairaj, NSS Programme Officer, delivered the vote of thanks to all.



Special camp Inauguration

R. Lehadall



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Special camp Inauguration

#### DAY 2

DATE: 14.12.2021

On the second day, attendance of NSS volunteers was taken. The Chief Guest Mrs. K. Poornambigai, District Organising Commissioner, Scouts Department, Neyveli, gave a speech on 'Clean India and Herbal Medicine'.

She emphasized the responsibility of each and every Indian citizen to keep our country clean and motivated the village people regarding cleanliness. Mrs. K. Poornambigai and her team members Mr. J. Baskaran and Mr. K. Senthilmurugan, Junior Scout Master, Neyveli, gave awareness speech on Herbal Medicine and the importance of certain medicinal herbs. And also, she brought some herbal plants to explain and that is also planted in the village.

Dr. R. AROKIADASS, M.E., Ph.D.,

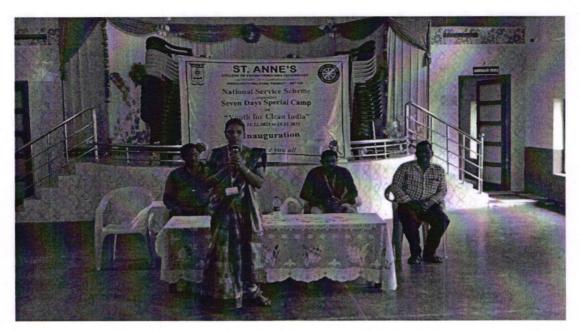
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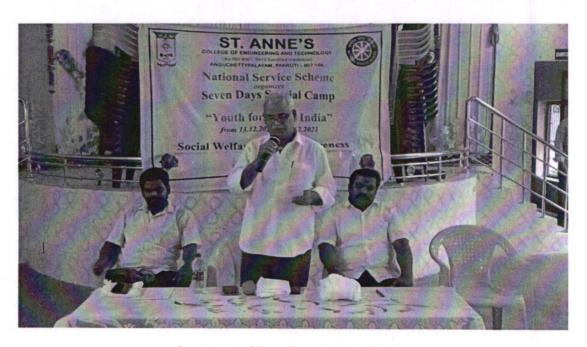
In the evening, Advocate, R. Vaitheeswaran, Panruti, gave a speech on social welfare, welfare of persons who are physically and mentally disabled, women protection and child health. Mr. J. Aanandhan, lawyer, Panruti, gave introduction about Law and Order and basic information about Indian Penal Code (IPC). He had given an inspirational speech on Law and Order which helped one to safeguard from crimes.



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Inspirational Speech on Law And Order

He also gave some precautions about safety and security in defending one from public crime and theft. He gave several advices to follow the rules and regulations properly.

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St Annale College (Control of the College College)

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DAY 3

DATE: 15.12.2021

Today attendance was taken and the programmes were started. The Chief Guest Mrs. R. Jamunarani, Fire and Rescue Officer, Fire Station, Panruti, gave a speech about Security and Fire Safety activities for saving lives and minimizing the damage to lives by following effective procedures and measures in place of fire accidents. She explained about various rescue measures like fire alarms, smoke detectors, emergency lighting, fire exits and escape routes that can be used to minimize the damage of lives when they occur.



Fire Safety activities for saving lives

She trained the NSS Volunteers about fire hazards and the safety measures which can be taken during fire emergency. Mr. R. Veeramani, Special Station Officer, Fire Station, Panruti, and his team explained about fire safety and carried out various kinds of activities to safeguard us from various fire-prone areas.

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Fire Safety activities for saving lives

During Afternoon Session, Mr. J. Balaji and Mr. M.Arulraj Programme Officers, Annai Velankanni Polytechnic College, Anguchettypalayam, Panruti, gave a speech on 'Roles and Responsibilities of NSS'. They explained about the importance of NSS to both students as well as to the society in various aspects. NSS helps the student to grow individually and also as a group. It improves students' confidence, develop leadership skills, and gain knowledge about different people in different walks of life. And also, they initiated the idea of social service in students, and to provide service to society without bias. NSS volunteers always work to help the needy people, help to enhance their standard of living and to lead a life of dignity.

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Roles and Responsibilities of NSS



Roles and Responsibilities of NSS

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DAY 4

DATE: 16.12.2021

On the Fourth day, our NSS Volunteers undertook a rally on 'Plastic Eradication Awareness' and the Volunteers cleaned the village roads, removed dust heaps, cleared the stagnant drainages and attempted to create awareness on cleanliness and hygiene. They swept and cleaned the roads of the village.



Students rally on 'Plastic Eradication Awareness'

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Volunteers cleaned the village



Students rally on 'Plastic Eradication Awareness'

In the afternoon, the Chief Guest Mr. V. C. Eugin Martin Raj, HOD/EEE, and Mr. Radhakrishnan, AP/ECE, St. Anne's College of Engineering and Technology, Anguchettypalayam, gave a special talk on Skill Development towards job. They explained

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what is skill and how the students have to improve their skills. They also classified the various sectors of job, the scope for job and also explained briefly about State and Central Government Schemes on Entrepreneurship and towards its financial assistance.



Skill Development towards job



Special talk on skill development towards job

Rhebidash

Principal,
St. Anne's College of Engineering & Technology,
ANGUCHETTYPALAYAM.



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DAY 5

DATE: 17.12.2021

On Fifth day of the camp, the Chief Guest, Mr. Bharathi, Health Analyst, Medical Team, Oraiyur, gave a valuable talk on 'Dengue and Corona health awareness'. He said that Dengue fever is a mosquito-borne tropical disease caused by the dengue virus. Symptoms typically begin three to fourteen days after infection. These may include a high fever, headache, vomiting, muscle and joint pain, and a characteristic skin rash. Recovery generally takes two to seven days. He suggested to use insect repellent, wear long-sleeved shirts and long pants, and control mosquitoes inside and outside the home to protect against dengue mosquito bites. He also advised about the precautions to prevent the spread of COVID-19 by maintaining hygiene and washing hands frequently, especially if travelled by public transport then use an alcohol sanitizer and wearing a mask (cover the nose and mouth). Finally, our NSS Volunteers undertook a rally on 'Dengue Awareness'.



Dengue and Corona health awareness

In the afternoon session, the Chief Guest Mr. A. Richard Pravin, ASP/EEE, St. Anne's College of Engineering and Technology, Anguchettypalayam, gave a speech on Disaster Management. He briefly explained the various types of disasters and their potential risks so that people act appropriately when a disaster happens. He also said precautionary measures

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and immediate relief efforts of disaster management. The disaster management and preventive measures given by the Chief Guest is useful to the NSS Volunteers and the villagers.



Disaster Management Speech

DAY 6

DATE: 18.12.2021

On the sixth day, Mr. C. Pasupathi, President, Civic Exnora, Panruti, motivated the Volunteers on the importance of Tree Plantation. Every man needs the oxygen for their life and trees are the foremost source of oxygen as well trees help to reduce the level of CO<sub>2</sub>. He also said that the whole world is facing the problem of global warming and to recover from such problem, planting trees has become mandatory.

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Tree Plantation

Then we all move towards the place where tree plantation took place. The very first tree was planted by our Chief Guest and then NSS officer and village people also planted the trees. More than 100 trees were planted on the forenoon session of the day.



Tree Plantation



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Valedictory session

Vote of thanks was delivered by the NSS Programme Officer Mr. J. Ramesh. Finally, the National Anthem was sung and the camp activities enthused the students to serve the society in a meaningful way.

Number of Volunteers Participated: 50

Chenadase



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In the afternoon, the Chief Guest, Mr. K. Kathiravan, District Supervisor, AIDS Prevention and Controller, Cuddalore, gave an awareness speech on HIV/AIDS. The NSS students asked many questions and they were answered by the speaker. He also explained how AIDS is spread and how this disease can be prevented.



Awareness speech on HIV/AIDS

#### DAY 7

DATE: 19.12.2021

On the Valedictory session, Dr. R. Arokiadass, Principal, and Sr. Punitha Jilt, Vice Principal, Dr. D. Ommuragadass, HOD, Mechanical department, St. Anne's College of Engineering and Technology and Mr. C. Pasupathi, President, Civic Exnora, were present. The NSS Programme Officer Mr. S. Durairaj were welcomed the gathering. Sr. Punitha Jilt motivated and appreciated the students for their service towards the society. Principal, Dr. R. Arokiadass congratulated the NSS volunteers on the successful conduct of the seven-day camp. On the day various cultural events were performed by NSS volunteers with the theme of 'Clean India'.

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### SELF-MOTIVATIONAL PROGRAMME REPORT

DATE: 03-02-2021

PLACE: Net Lab, St. Anne's College of Engineering & Technology

National Service Scheme of St. Anne's College of Engineering and Technology, Panruti, organized a "Self-Motivational Programme" through online mode on 03.02.2021. NSS Program Officer Mr. J. Ramesh, Asst. Prof/EEE, motivated the NSS students how to work for success. He emphasized students to do social service and setting a goal anything from getting a degree or landing a new job to achieving a new level of physical fitness is a big step toward improving your life. But following through to achieve what we've set out to accomplish can be challenging, especially on those days when motivation wanes.



Self-Motivational Programme

Dr. R. AROKIADASS, M.E., Ph.D.,

Principal.

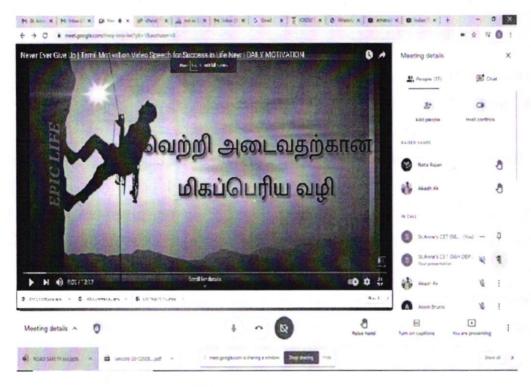
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Self-Motivational Programme

He also narrated the inspirational stories of the great football player Ronaldo and millionaire Bill Gates. At the end, NSS Program Officer-II Mr. Durairaj gave vote of thanks. This motivational Programme inspired more the students of NSS.

Number of Volunteers Participated: 100

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# FOUNDATION PROGRAMME AT IRULAR VILLAGE REPORT

DATE: 03-02-2021

PLACE: Irular village, A.C Palayam

The NSS unit of St. Anne's College of Engineering and Technology, Anguchettypalayam, Panruti, was conducted Foundation programme at irular village, A.C Palayam on 03.02.2021. Dr. S. Anita Associate Professor & Head/ECE, the faculty members and NSS volunteers visited the place and provided awareness on the government schemes offered to them. The objective of the event is to give the basic education for those students. This programme is to take the lamp of education with the helping hands to the underprivileged communities. Our volunteers are teaching the classes regularly for those students in the evening session. They distributed school stationery kit to the kids. Further, our NSS unit help them to admit in nearby primary schools. This brought about a big change in the community's attitude towards education.

Number of Volunteers Participated: 100



NSS Volunteers teach Basic education for Irular village students

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### ROAD SAFETY IS LIFE SAFETY PROGRAMME REPORT

DATE: 05-02-2021

PLACE: Net Lab, St. Anne's College of Engineering & Technology.

National Service Scheme of St. Anne's College of Engineering and Technology, Panruti Organized "Road safety is Life safety Programme" on 05.02.2021. NSS Program Officer-II,Mr. Durairaj discussed the Road safety for NSS students. He advised the students to wear helmet while riding vehicles. He also emphasized the importance of obeying traffic rules. He also discussed the punishments and fines for those who are violating the traffic rules of 2021.

And then some traffic awareness videos were shown to create awareness on road safety. At the end the NSS Program Officer-I Mr. J. Ramesh, Assistant Professor gave vote of thanks. This awareness Programme helped NSS students to respect traffic rules.

Number of Volunteers Participated: 100



Road safety is Life safety Programme



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Road safety is Life safety Programme



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### BASIC NEEDS FOR VILLAGE PEOPLE REPORT

DATE: 06-02-2021

PLACE: Irular village, A.C Palayam

The NSS unit of St. Anne's College of Engineering and Technology, Anguchettypalayam, Panruti, was arranged the basic needs for village people at Irular village, A.C Palayam on 06.02.2021. With the help of the counsellor and Irular village people, our staff members organize special remedial and basic needs like Water - Electricity - Road connections - Sanitation - Maintenance of land records - As most Irular don't have proper houses, many of them still live in thatched huts in settlements encroaching water bodies. The community certificate was the major fact for students. So, we carried out those problems to our concern M.L.A Mrs. P. Sathya Paneerselvam. Our NSS volunteers actively participated and helped to Irular village peoples.

Number of Volunteers Participated: 100



Basic needs for village people at Irular village, A.C Palayam

Rephadan

Dr. R. AROKIADASS, M.E., Ph.D., Principal,

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ANGUCHETTYPALAYAM,
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# BANK PASSBOOK OPENING FOR VILLAGE PEOPLE REPORT

DATE: 16-02-2021

PLACE: Irular village, A.C Palayam

The NSS unit of St. Anne's College of Engineering and Technology, Anguchettypalayam, Panruti, was organized a programme on bank passbook opening for village people at Irular village, A.C Palayam on 16.02.2021. Dr. S. Anita, Associate Professor & Head/ECE and the NSS volunteers are participated actively in the camp and help to the people for opening savings bank account in the BANK OF BARODA. The biggest problem in rural India with concerns of finances is that they do not have the financial stability to maintain a bank account which requires some service fees and a minimum balance account. With the other concerns related to proper documents, these people might not even know their date of birth. So, how do these people open or maintain a bank account. The answer is Zero Balance Account through PM Jan Dhan Yojana, launched to aid people who cannot afford a regular savings bank account. The zero-balance account through PMJDY scheme has opened for village people. And also, the Bank Manager explained about the various government schemes for Irular communities.

Number of Volunteers Participated: 100



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### CLEANING AND PAINTING PROGRAM (Creating awareness on waste disposal) REPORT

DATE: 06-03-2021

PLACE: Government Higher Secondary School, Thirunavalur.

The National Service Scheme (NSS) of St. Anne's College of Engineering and Technology conducted a one day camp on "Cleaning And Painting Program" creating awareness on waste disposal (degradable and non-degradable separately) and cleanliness at Thirunavalur, on 6th March, 2021. The NSS Programme Officers, faculty members and the NSS volunteers actively involved in cleaning the Government Higher Secondary School premises and its surroundings. The volunteers collected the plastic and other wastes thrown by people and the school students and created awareness among the students and villagers on the importance of cleanliness, removal of all wastes and place them in the respective places.

The volunteers also removed the mesquite plants from the school premises which reduce the herbaceous resources and dries the land by sucking the ground water. They painted the desks and benches in the school and carried out to create an awareness on keeping the campus clean and green.



NSS volunteers painted the desks and benches in the school

Dr. R. AROKIADASS, M.E., Ph.D.

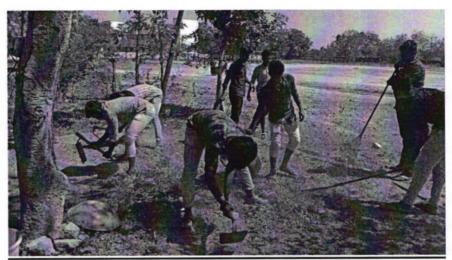
Principal,

St. Anne's College of Engineering & Technology. ANGUCHETTYPALAYAM.



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NSS volunteers cleaning the Government Higher Secondary School premises



NSS volunteers painted the desks and benches in the school

This camp instilled in the volunteers and the school students not only to preserve nature by planting trees and protecting them but also to maintain cleanliness in the surroundings. The school authorities appreciated the work of the volunteers and thanked them.

Number of Volunteers Participated: 100

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# NO TOBACCO AWARENESS AND PLEDGE-TAKING PROGRAM REPORT

DATE:31-05-2021

PLACE: St. Anne's College of Engineering & Technology

National Service Scheme of St. Anne's College of Engineering and Technology, Panruti Organized online program "No Tobacco Awareness and Pledge Taking Program" on 31.05.2021. NSS Program Officer, Mr. J Ramesh discussed about No Tobacco Awareness 'Commit to Quit' for NSS students. And Our chief Guest Dr. Shivakumar advised the students to spread awareness about the dangers of using tobacco and how health problems can be tackled by doctors when one quits smoking. At the end the NSS Program Officer Mr. J. Ramesh, Assistant Professor gave vote of thanks. This awareness Programme helped NSS students to aware about Tobacco and also made the pledge Commit to quit today.

Number of Volunteers Participated: 100



Dr. Shivakumar advised No Tobacco Awareness 'Commit to Quit' for NSS students

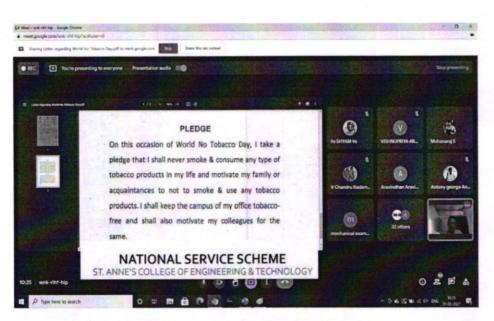


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No Tobacco Awareness and Pledge Taking Program



No Tobacco Awareness and Pledge Taking Program