



ST. ANNE'S
COLLEGE OF ENGINEERING AND TECHNOLOGY
(AN ISO 9001:2015 CERTIFIED INSTITUTION)
ANGUCHETTPALAYAM, PANRUTI - 607 106.

CIRCULAR
(2017-2018)

CIR.No: SACET/NSS/CIR/ C01

Date: 20-06-2017

It is to inform that NSS team organizing a programme on "YOGA DAY CELEBRATION" on 21-06-2017 in Anguchettypalayam Village in association with Rotaract club, Panruti. The concerned department NSS volunteers and faculties are requested to attend without fail.

J. Ramesh
20/6/17
NSS PROGRAM OFFICIER
(J RAMESH)

R. Aradiadass
20/6/2017
PRINCIPAL
Dr. R. AROKIADASS, M.E., Ph.D.
Principal,
St. Anne's College of Engineering & Technology,
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Cuddalore-(Dist), Pin: 607 110.



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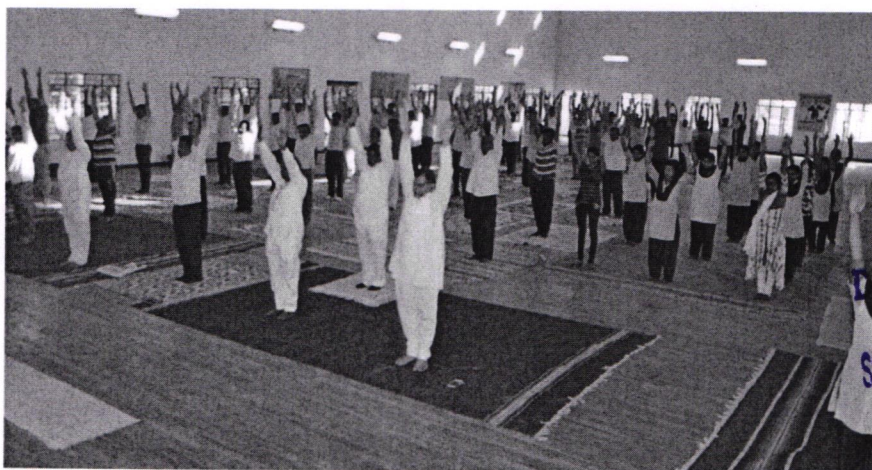
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YOGA DAY CELEBRATION REPORT

DATE: 21/06/2017

PLACE: Anguchettypalayam Village

The Students and Staff of St. Anne's College of Engineering and Technology has celebrated a Yoga Day in association with Rotaract club, Panruti on 21/06/2017 at Anguchettypalayam Village. The aim of the Yoga Day is raising awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind and body and boosting people's immune system, so all HoDs, the teaching and non-teaching staff, students actively participated with Volunteers of NSS Unit and performed Yoga activities and to educate them regarding discipline, good behaviour and character building. NSS programme officers J Ramesh and S. Durairaj great efforts to conduct programme smoothly.



R. Aradi
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